



MESCON 2025 JABALPUR

3rd Annual Conference of Madhya Endocrine Society



Endocrinology Present Practices & Future Trends



1st & 2nd February, 2025

Prof. Dr. Vrind K. Bhardwaj
Org. Chairman

Dr. Vikram Singh Chauhan
Org. Secretary

Dr. Arpana Soni
Org. Joint Secretary

Hotel Pasricha - Banquets & Lawns

Near Ekta Market New Bypass Road, Tilhari, Jabalpur - 482001 (M.P.)

In Association with



Welcome Message

Dear Esteemed Colleagues,

On behalf of the Organizing Committee, it is our distinct pleasure to extend a warm welcome to the 3rd Annual Conference of the **Madhya Endocrine Society(MESCON 2025)**, the MP chapter of the **Endocrine Society of India**. The conference will be held on **1st and 2nd February 2025** at Pasricha Banquets and Lawns, Tilhari, Jabalpur. The organizing committee is excited to bring together leading experts, researchers, and practitioners in the field of endocrinology (diabetes, thyroid, obesity and other hormonal disorders) to exchange knowledge and share research leading to improvements in current practices, and future trends, particularly in relation to artificial intelligence and clinical practice.

The conference will feature a diverse program featuring plenary lectures and sessions, interactive workshops, research presentations and poster sessions, covering a wide spectrum of topics related to endocrine research, clinical care, and public health.

We look forward to your active involvement and contribution to making MESCON 2025 a resounding success.

We eagerly await your presence at Pasricha Banquets and Lawns, Jabalpur, where we aspire to come together to learn and enrich ourselves with knowledge in the ultimate quest of the betterment of our patients.

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(3rd Annual Conference of Madhya Endocrine Society)



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Org. Secretary



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Org. Joint Secretary

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- **Dr. Shailendra Gupta**
- **Dr. V D Tripathi**
- **Dr. Vikas Rangare**



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SCIENTIFIC PROGRAMME



1st FEBRUARY 2025 (DAY-1)

Timings	Topics	Speakers
08.00 - 10.00 AM	Registration & Breakfast	
09.00 – 11.00 AM	Poster Presentation (Simultaneously) by Post Doctor & Doctoral Students	
10:00 -- 10:10 AM	Inauguration of scientific session (Saraswati Vandana)	
Clinical Endocrinology		
10.10 – 10:30 AM	Endocrine Hypertension Evaluation & Management	Prof. Dr. Sunil Ambulkar
10:30 -10:50 AM	Approach and Management of Hypercalcemia	Dr. Sunil M Jain
10:50 -11:10 AM	Diabetic Foot: Evaluation and Medical Management	Prof. Dr. Subodh Banzal
11:10 - 11:30 AM	Surgical Care of Diabetic Foot	Dr. Pawan Agrawal
Symposium on CKM Health		
11:30 - 11:50 AM	LDL-C Goals: Theoretical Illusion or Clinical Reality	Dr. Ankit Agarwal
11:50- 12:10 PM	Optimizing Challenges to Drug Therapy on HFREF	Prof. Dr. R.S. Sharma
12:10 - 12:30 PM	Redefining T2DM management paradigm with innovative combination injectable iGlarLixi	Prof. Dr. V.K. Bhardwaj
12:30 – 12:50 PM	Exploring the Impact of Oral Semaglutide in Tackling Type 2 Diabetes & Complications	Dr. Vikram Singh Chauhan
12:45 – 01:00 PM	Q & A and Summary	Moderator: Prof. Dr. Subodh Banzal
Session on Adrenal Gland		
01:00 – 01:20 PM	Evaluation Of Suspected Cushings disease.	Dr. Rajesh Verma
01:20 – 01:40 PM	Pheochromocytoma Management	Dr. Sanjay Yadav
Endocrine Research		
01:40 – 02:00 PM	Sarcopenia: An Endocrine Perspective	Dr. (Lt. Gen.) Narendra Kotwal
02:00 – 2:30 PM	Lunch	
Debate		
02:30 - 02:55 PM	Debate: Myoinositol is a useful agent in PCOS	Moderator - Dr. Sandeep Jain For- Dr. Alpesh Goyal Against - Dr. Apoorva Suran
Bone Health Symposium		
02:55 – 03:05 PM	Pathophysiology of Osteoporosis	Dr. Abhyudaya Verma
03:05 - 03:15 PM	Evaluation of Osteoporosis	Dr. Ajay Gupta
03:15 - 03:25 PM	Management of osteoporosis	Dr. Beena Bansal
03:25 - 03:45 PM	Osteoporosis Panel Discussion	Moderator - Dr. Abhyudaya Verma
Diabetes Management Clinical Pearls		
03:45 – 04:05 PM	Diabetes in Young: Evaluation and Management	Prof. Dr. S.K. Singh
04.05 – 04.25 PM	Psychiatry and Endocrinology Cross Connect	Dr. Sachin Chittawar
04:25 - 04:45 PM	Imeglimin: New Kid on the Block	Dr. Arpana Soni
Insulin Workshop		
04:45 - 05:00 PM	100 Years after Insulin Discovery	Dr. Vikram Singh Chauhan
05:00 - 05:15 PM	Redefining Glycemic Control with Gen 2.0 Basal Insulin	Prof. Dr. Subodh Banzal
05:15 - 05:30 PM	Patient centric Approach to Glycemic Control with Basal Insulin	Dr. Mayur Agarwal



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05:30 -05:45 PM	Simplifying Basal Insulin using Case Nuggets: Role of Flexible Insulin	Dr. Sachin Chittawar
05:45 -06:00 PM	Navigating Diabetes Care: Case Based Insights on IDegAsp	Dr. Jaideep Khare
06:00 -06:15 PM	Q & A and Summary	Moderator : Dr. Apoorva Suran
07:30 - 08:00 PM	Conference Inauguration Chief Guest - Prof. Dr. Navneet Saxena (Dean - NSCB, MCH, Jabalpur) Guest of Honor - Dr. Sanjay Mishra (CMHO, MPDHS, Jabalpur) Special Invitees Dr. M.C. Dawar (Padmashree) Dr. Arvind Sharma (Superintendent, NSCB, MCH, Jabalpur) Dr. Naveen Kothari (Civil Surgeon, Jabalpur)	Master of Ceremony Dr. Vishal Kastwar Dr. Priyanka Kukrele Dr. Rajesh Kevat
08.30 PM Onwards	Banquet	

2nd FEBRUARY 2025 (DAY-2)

Timings	Topics	Speakers
9.00 - 10.00 AM	Free Papers	Presented by Post Doctoral & Doctoral Students
Pediatrics Symposium		
10:30- 10:45 AM	Evaluation and Management of Delayed Puberty in girls	Dr. Satyam Jayant
10:45 -11.00 AM	Evaluation of a Case of Short Stature	Dr. Sailesh Bansiwal
11.00 -11:15 AM	Growth Promoting Modalities for Syndromic Short Stature	Dr. Pankaj Jain
11.15- 11.35 AM	Q & A and Summary	Moderator - Dr. Rajesh Verma
Emerging Research in Psycho - Neuroendocrinology		
11:35 - 11.55 AM	Approach to Male Sexual Dysfunction	Dr. Manuj Sharma
Symposium on Female Health & Endocrinology		
11:55 -12: 15 PM	Evaluation and Treatment of Hirsutism	Dr. Kalpana Dash
12.15 - 12.35 PM	Thyrotoxicosis in Pregnancy	Dr. Biplab Bandyopadhyaya
12.35 - 12:55 PM	Insulin Use in Pregnancy	Prof. Dr. Sushil Jindal
12:55 - 01.15 PM	Controversies in HRT in post menopausal women	Dr. (Col.) KVS Hari Kumar
01:15 - 01.35 PM	Q & A and Summary	Moderator-Prof.Dr. Sushil Jindal
Glucose Metabolism		
01:35 - 01.55 PM	Hypoglycemia in non - diabetic population: case - based approach	Dr. Sanjeet Jaiswal
02:00 - 02:20 PM	Vote of Thanks	
02:20 PM Onwards	Lunch	

Warm Regards

Prof. Dr. Vrind K. Bhardwaj
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Dr. Vikram Singh Chauhan
Org. Secretary

Dr. Arpana Soni
Org. Joint Secretary

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Dr. Vishal Kastwar



Dr. Vishal Kalia



Prof. Dr. Y R Yadav

Host City – Jabalpur

Jabalpur is an important city of Mahakaushal region of Madhya Pradesh. It has a rich historical past as the capital city of tribal kingdom of Gondwana. It was a major military hub in British era and is still an important military cantonment, arms and ammunition production & storage facility.

Jabalpur is endowed with lots of natural assets. The River Narmada flows through the city and creates mesmerizing scenes as it passes through the Marble Rocks. It has a water fall of about 100 feet depth and falling water creates an enchanting scene of water vapours which looks like a cloud of water droplets, hence named as Dhuandhar. A dam has been constructed about 20 km away which not only provides water for drinking to the city and irrigation to vast stretches of agricultural land & electricity but also is a tourist attraction due to the water sports activities created by tourism department.

Jabalpur is the gateway to world famous Kanha National Park, Bandhavgarh national park and Panna national park. It houses the principal bench of High court of Madhya Pradesh. Jabalpur has 5 government funded universities. It has limited industrial activity thereby protecting it from pollution and organized crime. It has a quiet and easy lifestyle of a tier 2 city. Jabalpur has the privilege of being the Sanskardhani of Madhya Pradesh. Welcome dear friends to the land of Rishi Jabali, the Jabalipuram of yesteryears.

